

## ABBHEY AESTHETICS

860-242-0497

### ONYCHOMYCOSIS TREATMENT POST CARE INSTRUCTIONS

For best results, please follow these instructions:

- Maintain dry feet and nails to avoid an environment where fungus can grow and spread.
- Cleanse feet and nails daily with anti-bacterial soap and keep nails short and clean.
- Remember to sterilize all clippers and tools used on feet and nails, and to wash your hands after you have touched an affected nail.
- Wear breathable socks and shoes to help maintain dry feet and nails.
- Disinfect previously worn socks by washing in hot water and disinfect shoes with a spray such as Lysol or an athlete's foot spray.
- Disinfect showers and baths regularly, even after fungus is not present in nails.

Please call our office at **860-242-0497** if you have any questions